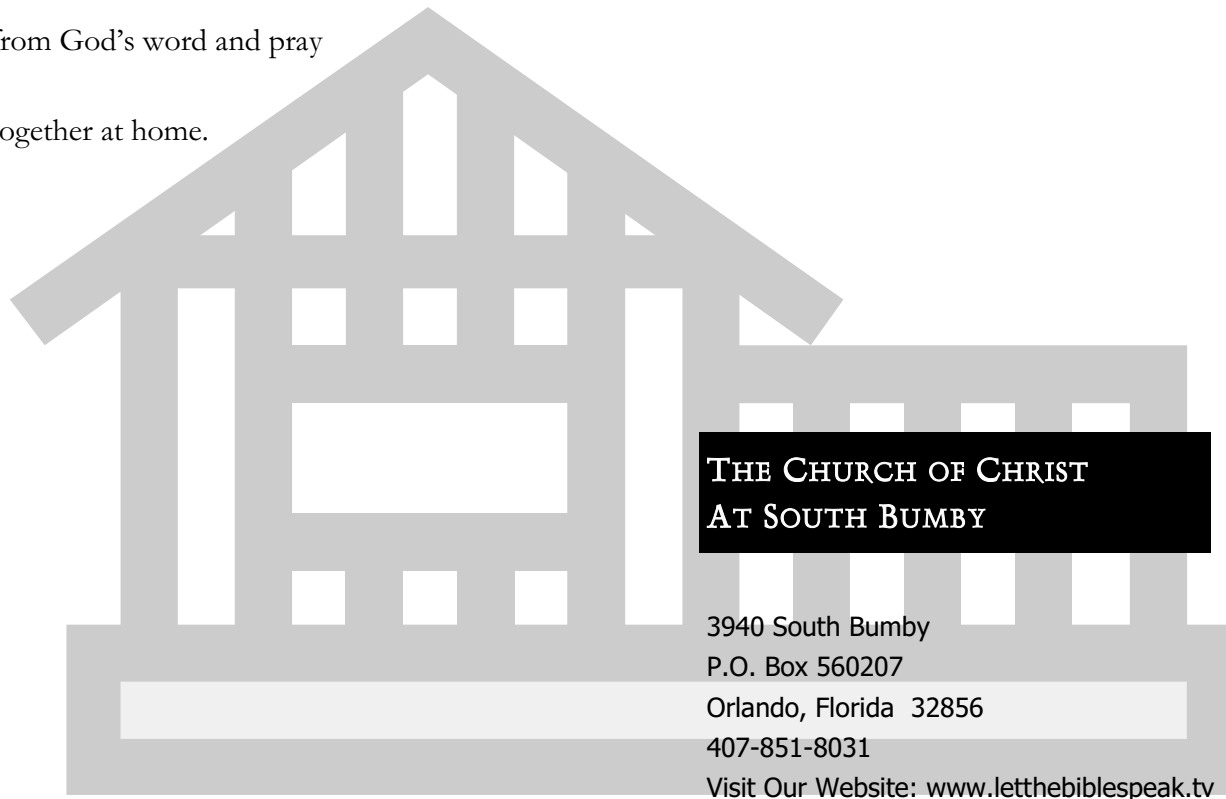


About Growing Together @ Home

Growing Together @ Home is a
brief guide provided by the South
Bumby Church to give our families a
framework they can use as they study
from God's word and pray
together at home.



Other Things To Do This Week:

- [1] Memorize: (Psa 90:12 NKJV) So teach us to number our days, That we may gain a heart of wisdom.
- [2] Help your children prepare their lessons for Bible class. Let your children help you prepare for Bible Class.

**THE CHURCH OF CHRIST
AT SOUTH BUMBY**

GROWING TOGETHER @ HOME

*A Weekly Guide
For Family
Devotions*

Those who
love Your law
have great
peace, And
nothing
causes them
to stumble.

Ps. 119:165

September 28, 2003

HEART CHECKUP

DAY ONE

STEP #1: THE SAYING

Have each family member read Matthew 6:19-21

- [1] What does it mean when we say concerning something “my heart just is not in it?”

STEP #2: THE THOUGHT

Have each family member read Romans 2:3-11.

- [1] How can men “treasure up” for themselves wrath?
- [2] What is in the “hearts” of men in this condition?

Have each family member read Mark 7:6-9

- [1] How can worship be “vain”?
- [2] Can we be pleasing to God if our hearts are “far from him”?
- [3] What does it mean for a man’s heart to be “far from” God?

Continue reading in Mark 7, vs. 17-23

- [1] How do these things proceed out of the heart of a man?
- [2] How do these things get into a man’s heart?
- [3] Read 2 Peter 2:14, and discuss: Can we “train” our hearts? If so, How? In what way are we “training” our hearts?

STEP #3: THE PRAYER

End your session with prayer, asking God to give us the wisdom to train our hearts rightly.

DAY TWO

STEP #1: THE SAYING

Have each family member read Ephesians 4:17-20

- [1] How, or in what way can our hearts be blinded?
- [2] How can our hearts be “past feeling”?

STEP #2: THE THOUGHT

Read Zechariah 7:9-13, and as you read, look specifically for things that relate to attitudes that affect the heart.

- [1] What does it mean to “harden” our hearts?
- [2] How can we “harden” our hearts?
- [3] Name some of the results that come from hardening our hearts toward God

- [4] Discuss the principle reason why people harden their hearts toward God. (what is the desire of their heart that prevents hearing)

STEP #3: THE PRAYER

End your session with prayer, asking God to help us always to desire his ways, knowing that his ways bring us life.

DAY THREE

STEP #1: The Saying

Have each family member read John 7:37-38

- [1] What does it mean for a man to have “rivers of water” coming out of his heart (NKJV).

STEP #2: THE THOUGHT

Read John 4:7-14 and discuss the “living water” (also read Rev. 21:6, 22:1,17)

Separately:

- [1] Make a list of things which should accompany those who “believe” (i.e. will it affect their lives? ... how?)
- [2] If what comes out of a man’s heart is what he puts into it (i.e. what he treasures), then what is the treasure of the one who believes?

Together:

- [1] Discuss your lists, and talk about how our belief will affect how we train our hearts.
- [2] List some specific situations in which we must “guard” our hearts.
- [3] Talk about how we can guard our hearts (Phil. 4:6-8)

STEP #3: THE PRAYER

End your session with prayer, asking God to help us as a family to guard our hearts and to trust in Him. Ask him for wisdom to walk in faith.